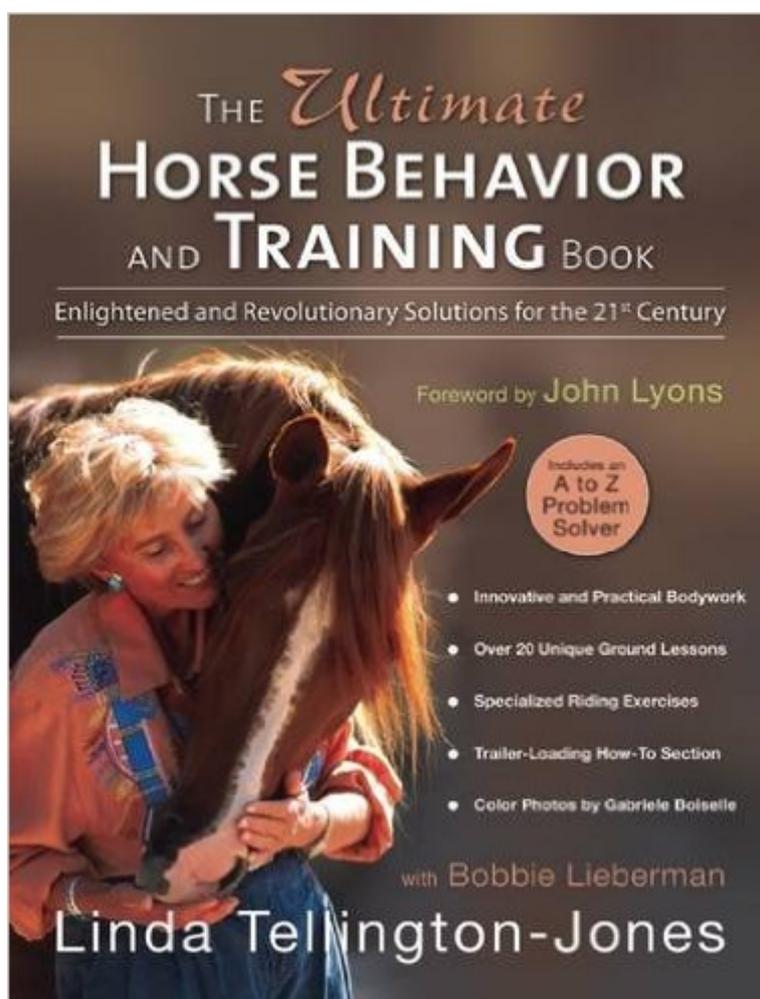


The book was found

The Ultimate Horse Behavior And Training Book: Enlightened And Revolutionary Solutions For The 21st Century



Synopsis

Finally, a comprehensive collection of world-renowned equine expert Linda Tellington-Jones' healing equine bodywork and training exercises, for use both on the ground and in the saddle. In one fabulously illustrated book, those new to Linda's approach are provided with a clear, step-by-step introduction to the Tellington Method, while those familiar with her work finally have the ultimate go-to reference. The book is divided into three parts. Part One briefly explains the background of the Tellington Method and then discusses the reasons for unwanted behavior and poor attitude in horses. Part Two, arranged alphabetically, contains a compendium of 72 common behavioral, training and health issues, many of which horse people face on a daily basis. In this A to Z format, from Aggressive to Other Horses to Weaving, Linda discusses the possible reasons for these behaviors or problems and offers conventional methods of solving these challenges, as well as training solutions using the Tellington Method. Part Three presents "for the first time in one volume" the complete body of work that makes up the Tellington Method: the Tellington Touches, Ground Exercises, and Ridden Work. At the end of this section, there is also a detailed case study, which includes 49 photographs showing every step along the way to successfully teaching your horse to load.

Book Information

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[Sports > Horses > Equestrian](#) #806 in [Books > Self-Help > Motivational](#)

Customer Reviews

Even if you have a whole shelf filled with books on horses, and you're lucky enough to have at least one of these magnificent creatures to care for, this book is a must have. we are still practicing a few of the technics currently on our mare. She loves the contact (and touching). and the author also

covers the issues of horses who do not like to be handled or touched due to accidents, abuse, etc. and how to gain their trust. And most importantly, it makes you more attuned to their needs in general.

The author provides practical instruction with excellent detailed explanations of doing bodywork and "movement work" on horses. These methods work in amazing ways. I have used these techniques on sick and stressed horses and seen results every time. It is hard to describe some of these techniques in print, the videos by the author are an excellent aid and the actual clinics put on by the author and her disciples are life-changing experiences. It is important to understand that this is not massage, it is essentially energy-healing and should be approached with an open mind. The author has several books but has included the best parts of several books in this one, so I would recommend starting with this one and buying other books as specific questions come up. I have also purchased one of the books about Touch for companion animals, as there are some real differences. It is critical to read this book as it is intended; don't try to read it cover to cover, read about a couple of techniques, try them, then reread the instructions as a way to absorb the information. I learn something new every time I reread and practice. The details are more important than you would think. Linda Tellington-Jones travels all over the world giving trainings on this subject and there is a good reason.

I have several of Linda Tellington-Jones other books, but this one is going to be my 1st choice as a go to reference. I love the A-Z Problem section. Covers most anything you can think of and refers you to the section with tools/exercises needed to overcome the problems. I love how her methods result in a relaxed, eager to please horse.

Excellent teaching aids and easily followed directions. Even experienced horse trainers will find tips in this book to make training horses a less stressful experience on all concerned.

I am finding this book to be invaluable for me as I discover the horse person in me. It is easily helping me learn what to look for and how to respond to it while in the moment with my horses. At once, it is a quick reference and a detailed guide. My confidence grows each time I work with a technique or exercise, because I get the desired results and the horses are happy with their success. We both grow in our knowledge of how to be together safely and happily. From beginners to experts, I would classify this book as a must have for any person that wants to have a two-way

relationship with their horse(s) that is safe, fulfilling, and rewarding.

This book has instantly become my NUMBER ONE HORSE BEHAVIOR AND TRAINING book in my entire library. It is just incredible! I haven't been able to put it down. I actually started tagging with mini post-its all the pages and things I liked and eventually had to stop because it was soon becoming every single page. If you are dead keen on learning some massage, wanting to really bond and earn your horse's trust - if you have a horse who is herd bound and want to ride out on your own, if your horse has an injury that you want to help him get over, if you want to get your horse listening to you, if you want to relax your horse before a ride, if you want to physically see changes in your horse - this is the book for you. I had been reading about Linda Tellington-Jones and her TTouch methods for a while and was a bit sceptical. I put it off for a year or so before I saw this book online and decided to just go ahead and purchase it and at least see what it was all about. I mostly made the decision to buy it because she has 30 years plus experience and has scientific evidence and proof to back up what she teaches. It wasn't just some mumbo-jumbo up in the air technique. My style is to go with tried and tested, things that have ultimately proved to be effective. This book is FULL of case studies and tips on what you can do and try with your horse. This book is basically the ultimate guide to anything you wanted to know about your horse. It lists a full A-Z section on horse problem behavior and reasons for it, then offers regular training tips as well as then offering TTouch methods. I have become a believer after trying only some of the methods suggested such as Lowering the Head and the Abalone TTouch and the Connected Circles. I made sure I was down at the yard when no one else was around and all was quiet and relaxing, and I could try these without anyone else wondering what the hell I was doing :o) Within ten seconds of doing the Abalone TTouch on my horse's neck, his eyes dropped and his head dropped and his breathing came out in deep, even huffs. I was amazed! He is normally quite a tense and spooky horse and normally is always on the look out. I then wondered if it was just in my imagination, wondering if i just wanted it to work, so then I practiced a few other things in her book - such as using the 'wand' to ground the horse. I just used my old red carrot stick whip, and in a moment of him spooking, I calmly Lowered his Head (which I'd taught him previously) and he dropped it with eyes wild and I stroked his legs from chest to toe with the wand to ground him, and within seconds his eyes returned to normal, he huffed out a sigh and stood quietly. It is important to remember that things won't happen overnight. Those particular things happened over a couple of days for me, because they are the most basic things you can do, but they gave me the heart to try the other things. I am absolutely besotted with this book and believe that even if you don't get out of it what I

have, at the least you can read through the A-Z reasons of horse behavior and understand why they do it, and try some of the ground work pole exercises and ridden work. The sections are clean and laid out beautifully, the text is big and easy to read, everything is described step by step all with color photos which are numbered and coincide with the steps. There are many case studies and a great story about getting a warmblood yearling back on a float he'd had an accident on within only one day. The ground work exercises are invaluable and there are great bomb-proofing ideas that you can do with things just lying about your own place - nothing that you really need to buy extra. You can also improvise on the 'wand' like I did, and you can buy a dog chain lead or make your own zephyr lead out of yachting rope and a clip - you don't need to buy anything. I can't say enough about this book - if you were like me and wondering if you should buy it and on the fence - just bite the bullet and get it - it's one of the best buys you'll ever make. Everyone should have this on their shelf, I now keep it in my tack shed, still with all the post-its sticking out of it so I can find my favorite exercises. The best book I have ever bought.

If you have any interest in TTouch, then this is the book for you. Not only does the author describe all of her Touches, but she tells when to use them (biting, bucking, sore neck, etc). She also has information on training methods to help horse problems. I have found that massaging horses can really help them not only to relax but to form a better bond. There is something for everyone in this book. You might not use all the methods, but it is a great reference tool that you will come back to for years.

Of all the "how to solve your horse's problems" books this one gives the most detailed and userfriendly suggestions. Great pictures and easy to follow for amateur or professional. Can be used in your own backyard, I love this book and need an extra copy for the tackroom.

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